

Newfoundland Food & Supplement Recommendations

- My current Newfies are doing well on Purina Pro Plan and it's easy to flex to life stages and needs within the brand. My senior fella is on the "Weight Management" food since he's slowed down a bit. My younger female eats the "Complete Essentials: Shredded Formula" and we rotate the proteins for variety. Here's the link for the different formulas:
https://www.chewy.com/brands/shop-by-dog-7437?utm_source=google&utm_medium=cpc&utm_campaign=12760825395&utm_content=129557688628&gad_source=1&gclid=CjwKCAiA_tuuBhAUEiwAvxkgTlqODAIRedWxVt6g8HwNmVlrpFIBTYEKY48d46YywVr8JWK8IzmyjBoCjMIQAvD_BwE
- They both get fish oil supplements for their coat and skin as well as helping to maintain the lubrication of their joints. Obviously we buy the BIG bottle, they each get 4 pumps a day:
https://www.amazon.com/Grizzly-Health-Salmon-Pollock-Omega-3/dp/B074N97RFP/ref=sr_1_1?crid=2M7VKD5U13N3C&dib=eyJ2IjojMSJ9.IYMTCKWCI_CoblxleCpQQwQJIYHdOqVToFQWiZR-s63mXLm9w7cR1ioaBYePcOhvLMS_D_pjSn p9I-1aBJWK-KIfgHcbNKEojCkkckNq6hgFlzpNk_sfC6GH7aEPz1uMCdjUQgmyl1FaeTkzNIOMh7dIVu0gAv_zByt8DRSiq0pc5YoWm7fNkWhew8_-DMUhIqN1P8NQUAdJe5rY8BPJ3mPDSy6-bHTsWVQLsmz1qGZMBkfRDZ6B7BB5CbuledFj73RC9S8wcOrCskhG8r04GRnMleh22NPur6et7M0OJ4.93U0D-fkHqj4iVYh5Dyp4cNQ838ZOKih-IB3aUaQHSM&dib_tag=se&keywords=grizzly%2Boil&qid=1708616871&srefix=grizzly%2Boil%2Caps%2C83&sr=8-1&th=1
- Joint supplements are ESSENTIAL, especially as your dog ages and they become more prone to arthritis. Cosequin is a very common tablet or powder that vets recommend, particularly for Newfs over the age of 6 years.
<https://www.chewy.com/nutramax-cosequin-hip-joint-maximum/dp/105326>
- This is another supplement that my older dog gets, it's highly recommended by other Newfoundland breeders who have "senior" dogs running around and keeping up with the teenagers! Definitely pricey, but worth every penny to keep our big pups happy and moving!
<https://www.chewy.com/annamaet-endure-hip-joint-dog-powder/dp/102791>

Balanced Diet additions: If you'd like to consider an even BETTER diet, adding fresh toppers can be great! When done in moderation (to ensure your pup doesn't get on the chunky side...) these things can make meal time more exciting while also adding beneficial nutrients that basic kibbles often lack. My dogs often get fun things like:

- Blueberries, apples, bananas, carrots, broccoli, kale, cauliflower, watermelon, bone broth, goats milk, low fat greek yogurt, low fat cottage cheese, pumpkin

(and other squashes), healthy whole grains, high quality raw meats (do a LOT of research into raw feeding), freeze dried raw meats, salmon (cooked or canned), canned sardines in water, the list goes on...